# Decoherence: a closed-system approach

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# Abstract

The aim of this paper is to review a new perspective about decoherence, according to which formalisms originally devised to deal just with closed or open systems can be subsumed under a closed-system approach that generalizes the traditional account of the phenomenon. This new viewpoint dissolves certain conceptual difficulties of the orthodox open-system approach but, at the same time, shows that the openness of the quantum system is not the essential ingredient for decoherence, as commonly claimed. Moreover, when the behavior of a decoherent system is described from a closed-system perspective, the account of decoherence turns out to be more general than that supplied by the open-system approach, and the quantum-to-classical transition defines unequivocally the realm of classicality by identifying the observables with classical-like behavior.

PACS numbers: 03.65.Yz, 03.67.Bg, 03.67.Mn, 03.65.Db, 03.65.Ta, 03.65.Ud Keywords: Quantum decoherence, closed system, relevant observables

# I. INTRODUCTION

Since more than two decades ago, the environment-induced decoherence (EID) approach is considered a "new orthodoxy" in the physicists community ([1], [2]). It has been fruitfully applied in many areas of physics and supplies the basis of new technological developments. In the foundations of physics community, EID has been viewed as a relevant element for the interpretation of quantum mechanics ([3], [4]) and for the explanation of the emergence of classicality from the quantum world ([5], [6], [7], [8]).

The great success of EID has given rise to the idea that decoherence necessarily requires the interaction between an open quantum system and an environment of many, potentially infinite, degrees of freedom. However, the historical roots of the decoherence program can be found in certain attempts to explain the emergence of classicality in closed systems. In turn, at present other approaches have been proposed, and in several of them the openness of the system is not an essential factor. These new approaches are usually conceived as rival to EID, or even as dealing with different physical phenomena.

On the basis of our previous works on the subject, the aim of this paper is to supply a comprehensive presentation of a new perspective, according to which formalisms originally devised to deal just with closed or open systems can be subsumed under a closed-system approach that generalizes the traditional account of the phenomenon. With this purpose, in Section II we will briefly review the historical development of the decoherence program, and in Section III we will stress some conceptual difficulties of the EID program. In Section IV we will recall the orthodox approach to decoherence, emphasizing its open-system character. Section V will be devoted to introduce a closed-system perspective, and to use it to reformulate the orthodox open-system EID approach. On this basis, in Section VI we will formulate the closed-system approach from a generic viewpoint: in this framework, the account of decoherence turns out to be more general than that supplied by the orthodox open-system approach. In order to illustrate this theoretical claim, in Section VII we will consider the description of the well-known spin-bath model in the context of the closed-system framework, as well as the description of a generalization of that model. This task will allow us to argue, in Section VIII, that decoherence is relative to the decomposition of the whole closed system into a decoherent system and its environment. On this basis, in Section IX we will cast a new look at the phenomenon of decoherence by considering how the new theoretical framework dissolves the conceptual difficulties of the EID approach, and by discussing the relationship between decoherence and dissipation. Section X will be devoted to describe the quantumto-classical transition from the new closed-system approach, which will allow us to unequivocally define the realm of classicality by identifying the observables with classical-like behavior. In Section XI we will compare our development with other approaches to decoherence. Finally, in Section XII we will resume the main results of our paper and draw our conclusions.

## **II. THE HISTORICAL DEVELOPMENT OF THE DECOHERENCE PROGRAM**

From a historical perspective, the decoherence program finds its origin –though, of course, not under this name– in the attempts to explain how a coherent pure state becomes a final decohered mixture with no interference terms. Three general periods can be identified in the development of this program:

- First period (closed systems). In the fifties and the early sixties, some authors directed their attention to the emergence of classical macroscopic features from quantum microscopic descriptions (van Kampen [9], van Hove [10], [11], Daneri *et al.* [12]). In this period, the issue was treated in the context of the study of irreversibility and, therefore, closed systems were considered. On this basis, the states indistinguishable from the viewpoint of certain "gross" observables were described by the same coarse-grained state, whose evolution was proved to reach equilibrium in a certain relaxation time. The main problem of this period was that the relaxation times so obtained turned out to be too long to account for experimental results (see [13]).
- Second period (open systems). In the seventies, the emergence of classicality begun to be conceived in terms of quantum measurement and, then, was addressed from an open-system perspective (Zeh [14], [15], [16]). On the basis of these precedents, the EID approach was systematized and developed mainly by Zurek and his collaborators in a great number of works ([17], [18], [19], [20], [7], [8]). In this context, an open system is considered in interaction with its environment, and the evolution of its reduced state is studied. EID proves that, in many physical models, the interference terms of the reduced state rapidly vanish and the system decoheres in an extremely short decoherence time. This result solves the main problem of the first period; however, the foundations of the EID program are still threatened by certain conceptual problems derived from its open-system perspective (we will return on this point in the next section).

• Third period (open and closed systems). Although 'EID' is still considered almost as a synonym for 'decoherence', in the last times other approaches have been proposed to face the conceptual difficulties of EID (Diosi [21], [22], Milburn [23], Penrose [24], Casati and Chirikov [25], [26], Adler [27]). Some of these accounts are clearly non-dissipative (Bonifacio *et al.* [28], Ford and O'Connell [29], Frasca [30], Sicardi Schifino *et al.* [31], Gambini *et al.* [32]), that is, not based on the dissipation of energy from the system to the environment. Among them, the self-induced decoherence (SID) approach shows that a closed quantum system with continuous spectrum may decohere by destructive interference ([33], [34], [35], [36], [37], [38], [39], [40]).

In spite of the fact that, at present, formalisms for open and closed systems coexist, in the literature both kinds of approaches are often presented as alternative scenarios for decoherence, and even as theories dealing with different physical phenomena. In the next sections we will challenge this common view by showing that the different formalisms can be understood in the context of a general closed-system framework.

## **III. THE CONCEPTUAL DIFFICULTIES OF ENVIRONMENT-INDUCED DECOHERENCE**

In spite of the great success of EID, and of the fact that it is conceived as the orthodox approach for decoherence, it still has to face two conceptual difficulties.

## A. The "open-system" problem

According to EID, decoherence is a consequence of the interaction between an open system and its environment; this process is what "einselects" the quantum states that become the candidates to classical states. Therefore, decoherence must always be accompanied by other manifestations of openness, such as the dissipation of energy into the environment. Zurek even considers that the prejudice which seriously delayed the solution of the problem of the emergence of classicality is itself rooted in the fact that the role of the openness of the system was traditionally ignored ([7], [8]).

If only open systems may decohere, from this perspective the issue of the emergence of classicality in closed systems, in particular, in the Universe as a whole, cannot even be posed (see [41]). Zurek expresses the criticism to EID in the following terms: "the Universe as a whole is still a single entity with no 'outside' environment, and, therefore, any resolution involving its division into systems is unacceptable" ([42], p.181). This objection has led to the development of the non-dissipative approaches to decoherence which, for this reason, are usually viewed as alternative or rival to the EID approach.

#### B. The "defining systems" problem

When the EID approach is applied to cosmology, the Universe is split into some degrees of freedom representing the system, and the remaining degrees of freedom that are supposed to be non accessible and, therefore, play the role of the environment (see, e.g., [43]). The same strategy is followed in the case of "internal" environments, such as collections of phonons or other internal excitations. The possibility of "internal" environments shows that EID supplies no general criterion for distinguishing between the system and its environment: the partition of the whole closed system is decided case by case, and usually depends on the previous assumption of the observables that will behave classically (see discussion in [36]).

The absence of a general criterion for deciding where to place the "cut" between system and environment is a serious difficulty for an approach that insists on the essential role played by the openness of the system in the emergence of classicality. Zurek recognizes this problem as a shortcoming of his proposal: "In particular, one issue which has been often taken for granted is looming big as a foundation of the whole decoherence program. It is the question of what are the 'systems' which play such a crucial role in all the discussions of the emergent classicality. This issue was raised earlier, but the progress to date has been slow at best" ([44], p.22).

As we will see, these problems, which seem to be serious conceptual obstacles for the EID approach, loose their original strength when decoherence is understood from a new general perspective. For this purpose, in the next two sections we will begin by comparing the open-system perspective and the closed-system perspective.

### IV. THE OPEN-SYSTEM PERSPECTIVE

As it is well-known, given a closed system  $S_T$  represented in the Hilbert space  $\mathcal{H}_T$ , its state  $\rho_T(t) \in \mathcal{H}_T \otimes \mathcal{H}_T$ evolves according to the Liouville-von Neumann equation,  $i\hbar d\rho_T/dt = [H, \rho_T]$ , where H is the system's Hamiltonian. If the task is to describe the behavior of  $S_T$  as a whole, there is no theoretical difference between using its state  $\rho_T$  and using the expectation values  $\langle O \rangle_{\rho_T}$  of its observables  $O \in \mathcal{H}_T \otimes \mathcal{H}_T$ : given the state, we can compute the expectation values of all the observables of the system, and given the expectation values of all the observables (or of the projectors corresponding to a basis of the Hilbert space), we can compute the system's state. Therefore, in this case both descriptions are equivalent: although the state-based description is the commonly used one, all the information of physical interest is also given by the expectation values of the system's observables.

If the system is composite, its initial state can be obtained as the tensor product of the states of its subsystems. For example, in the case of two subsystems  $S_1$  and  $S_2$ , represented in the Hilbert spaces  $\mathcal{H}_1$  and  $\mathcal{H}_2$  such that  $\mathcal{H}_T = \mathcal{H}_1 \otimes \mathcal{H}_2$ , and in initial states  $\rho_1(0)$  and  $\rho_2(0)$  respectively, the initial state of the composite system  $S_T = S_1 \cup S_2$  is computed as  $\rho_T(0) = \rho_1(0) \otimes \rho_2(0)$  and, conversely, the initial states of the subsystems can be obtained from the initial state of the composite system by means of the operation of partial trace:

$$\rho_1(0) = Tr_2\left(\rho_T(0)\right) \in \mathcal{H}_1 \otimes \mathcal{H}_1 \quad \text{and} \quad \rho_2(0) = Tr_1\left(\rho_T(0)\right) \in \mathcal{H}_2 \otimes \mathcal{H}_2 \tag{1}$$

The question is how to describe the behavior of the subsystems at any time.

#### A. States and observables from the open-system perspective

The usual strategy consists in generalizing the partial trace procedure for all times by considering that the reduced states, obtained as

$$\rho_1(t) = Tr_2\left(\rho_T(t)\right) \in \mathcal{H}_1 \otimes \mathcal{H}_1 \quad \text{and} \quad \rho_2(t) = Tr_1\left(\rho_T(t)\right) \in \mathcal{H}_2 \otimes \mathcal{H}_2 \tag{2}$$

are the quantum states of the subsystems  $S_1$  and  $S_2$  in the same sense as  $\rho_T(t)$  is the quantum state of the whole closed system  $S_T$  (a strategy that is at least controversial: see [45], [46], [47]; we will come back to this point below). However, unlike  $\rho_T(t)$ , the reduced states  $\rho_1(t)$  and  $\rho_2(t)$  do not always evolve according to the unitary Liouville-von Neumann equation: in the case of interacting subsystems, they evolve according to non-unitary master equations, whose specific forms depend on the particular features of the involved subsystems and, as a consequence, must be constructed case by case.

Nevertheless, if  $O_1 \in \mathcal{H}_1 \otimes \mathcal{H}_1$  is any observable of  $S_1$  and  $O_2 \in \mathcal{H}_2 \otimes \mathcal{H}_2$  is any observable of  $S_2$ , the expectation values of these observables can be computed as

$$\langle O_1 \rangle_{\rho_1(t)} = Tr\left(\rho_1(t)O_1\right) \quad \text{and} \quad \langle O_2 \rangle_{\rho_2(t)} = Tr\left(\rho_2(t)O_2\right)$$
(3)

In fact, the reduced state of a subsystem of a larger system is defined precisely as the density operator by means of which the expectation values of all the observables belonging to that subsystem can be computed. This means that if we focus only on, say,  $S_1$ , we can rely on the description given by its reduced state  $\rho_1(t)$ , since it supplies all the information that we can obtain when we have experimental access only to that subsystem. Therefore, analogously to the closed-system case, in this situation it is also true that there is no difference between describing the open system  $S_1$  by means of its reduced state  $\rho_1(t)$  and describing it by means of the expectation values  $\langle O_1 \rangle_{\sigma_1(t)}$  of its observables.

## B. Environment-induced decoherence: an open-system approach

The orthodox EID approach considers the system S under study –represented in a Hilbert space  $\mathcal{H}_S$ – in interaction with an environment E –represented in a Hilbert space  $\mathcal{H}_E$ – that induces decoherence. This approach is based on the analysis of the evolution of the reduced state  $\rho_S(t)$  of S represented in a certain "pointer" basis of  $\mathcal{H}_S$ . Either by explicitly computing  $\rho_S(t)$  or by analyzing the master equation, it can be determined whether, under certain conditions, the reduced state operator becomes diagonal or not in that basis. The diagonalization of its reduced state is viewed as a manifestation of the decoherence of the open system S.

The EID approach proves that, in many physical models, the non-diagonal terms of the reduced state rapidly tend to vanish after an extremely short decoherence time  $t_D$ :

$$\rho_S(t) \xrightarrow{t \gg t_D} \rho_S^d \tag{4}$$

where  $\rho_S^d$  is diagonal in the pointer basis. Thus, it is usually said that the system S decoheres as a consequence of its interaction with the large number of degrees of freedom of the environment E.

We know that the state  $\rho_S(t)$  is a Hermitian operator, so it can always be diagonalized in the Smith basis. So, what is special about the state diagonalization in EID? According to EID, the diagonalization of the state must be studied in the "preferred basis" or "pointer basis". Pointer states have some very special proprieties namely [48]:

- 1. They are single out by the dynamics, remaining basically unchanged and
- 1. They result in the smallest entropy increase.

#### V. THE CLOSED-SYSTEM PERSPECTIVE

### A. States and observables from the closed-system perspective

Although the open-system perspective is what underlies the usual practice in physics, it is not unavoidable. The behavior of the open subsystems can also be described from a closed-system perspective by considering the expectation values of the observables relevant in any case. For example, if we still focus only on the subsystem  $S_1$ , the relevant observables  $O_R \in \mathcal{H}_T \otimes \mathcal{H}_T$  of the whole closed system  $S_T = S_1 \cup S_2$  are those that act only on that subsystem:

$$O_R = O_1 \otimes I_2 \in \mathcal{H}_T \otimes \mathcal{H}_T \tag{5}$$

where the  $O_1 \in \mathcal{H}_1 \otimes \mathcal{H}_1$  are the observables of  $S_1$ , and  $I_2 \in \mathcal{H}_2 \otimes \mathcal{H}_2$  is the identity of the space of observables of  $S_2$ . The expectation values of these relevant observables can be computed as

$$\langle O_R \rangle_{\rho_T(t)} = Tr\left(\rho_T(t)O_R\right) = Tr\left(\rho_T(t)\left(O_1 \otimes I_2\right)\right) = Tr\left(\rho_1(t)O_1\right) = \langle O_1 \rangle_{\rho_1(t)} \tag{6}$$

Eq.(6) clearly shows that, if we want to describe only  $S_1$ , its reduced state is not indispensable. The physically relevant information about that subsystem can also be obtained by studying the state  $\rho_T(t)$  of the whole closed system  $S_T$  and its relevant observables  $O_R = O_1 \otimes I_2$ . This means that there is no difference between describing the open system  $S_1$  by means of its reduced state  $\rho_1(t)$  and describing it from a closed-system perspective by means of the expectation values of the relevant observables  $O_R = O_1 \otimes I_2$  of the closed composite system  $S_T$  in the state  $\rho_T(t)$ .

## B. Environment-induced decoherence from a closed-system perspective

Although the EID approach relies on the diagonalization of the reduced state, the same phenomenon can also be described from a closed-system perspective (we will consider the discrete case, but analogous arguments can be developed in the continuous case). In fact, analogously to the case of the previous subsection, if we call the whole closed system  $U = S \cup E$ , represented in the Hilbert space  $\mathcal{H}_U$  and whose state is  $\rho_U(t)$ , in this case the relevant observables of U are of the form

$$O_R = O_S \otimes I_E \in \mathcal{H}_U \otimes \mathcal{H}_U \tag{7}$$

where the  $O_S \in \mathcal{H}_S \otimes \mathcal{H}_S$  are the observables of S, and  $I_E \in \mathcal{H}_E \otimes \mathcal{H}_E$  is the identity of the space of observables of E. The expectation values of these relevant observables can be computed as (see eq.(6))

$$\langle O_R \rangle_{\rho_U(t)} = Tr\left(\rho_U(t)O_R\right) = Tr\left(\rho_U(t)\left(O_S \otimes I_E\right)\right) = Tr\left(\rho_S(t)O_S\right) = \langle O_S \rangle_{\rho_S(t)} \tag{8}$$

It is clear that the evolution of the reduced state  $\rho_S(t)$  (see eq.(4)) has its counterpart in the evolution of the expectation values:

$$\langle O_S \rangle_{\rho_S(t)} \xrightarrow{t \gg t_D} \langle O_S \rangle_{\rho_S^d} = \sum_i \rho_{Sii}^d O_{Sii} \tag{9}$$

where the  $\rho_{Sii}^d$  and the  $O_{Sii}$  are the diagonal components of  $\rho_S^d$  and of  $O_S$  in the pointer basis, respectively. But since  $\langle O_R \rangle_{\rho_U(t)} = \langle O_S \rangle_{\rho_S(t)}$  (see eq.(8)), from the closed-system perspective we can study the time-evolution of the expectation value  $\langle O_R \rangle_{\rho_U(t)}$ : if, for any  $O_R$ , such a function tends to settle down, in an extremely short time, in a value  $k = \sum_i P_i O_{Sii}$ , where  $0 \le P_i \le 1$  and  $\sum_i P_i$ , then it can be said that  $P_i = \rho_{Sii}^d$  (see eq.(9)). As a consequence,

$$\langle O_R \rangle_{\rho_U(t)} = \langle O_S \rangle_{\rho_S(t)} \xrightarrow{t \gg t_D} \sum_i P_i O_{Sii} = \sum_i \rho_{Sii}^d O_{Sii} = \langle O_S \rangle_{\rho_S^d}$$
(10)

and one can also say that the system has decohered in the pointer basis (see [49]). Moreover, any expectation value  $\langle O_S \rangle_{\rho_S^d}$  can also be expressed as the expectation value of the corresponding relevant observable  $O_R = O_S \otimes I_E$  in a coarse-grained state  $\rho_U^{cg} \in \mathcal{H}_U \otimes \mathcal{H}_U$ :

$$\langle O_S \rangle_{\rho_S^d} = \langle O_R \rangle_{\rho_U^{cg}} \tag{11}$$

The state  $\rho_U^{cg}$  can be obtained as  $\rho_S^d \otimes \widetilde{\delta}_E$ , where  $\widetilde{\delta}_E \in \mathcal{H}_E \otimes \mathcal{H}_E$  is a normalized identity operator with coefficients  $\widetilde{\delta}_{E\alpha\beta} = \delta_{\alpha\beta} / \sum_{\gamma} \delta_{\gamma\gamma}$ . It is quite clear that  $\rho_U^{cg}$  is not the quantum state of the closed system U; nevertheless, if we trace off the degrees of freedom of the environment, we recover the diagonalized reduced state of the system:

$$Tr_E(\rho_U^{cg}) = \rho_S^d \tag{12}$$

This means that the coarse-grained state  $\rho_U^{cg}$  supplies the same information about the open system S as the reduced state  $\rho_S^d$ , but now from the viewpoint of the closed system U. Therefore, from eq.(10) we can conclude that

$$\langle O_R \rangle_{\rho_U(t)} \xrightarrow{t \gg t_D} \sum_i P_i O_{Sii} = \langle O_R \rangle_{\rho_U^{cg}}$$

$$\tag{13}$$

By following the EID approach, up to this point we have analyzed the case based on a particular set of relevant observables. In the next section we will see that the conception of the phenomenon of decoherence can be generalized when different sets of relevant observables are considered.

## VI. DECOHERENCE: A GENERAL CLOSED-SYSTEM APPROACH

As emphasized by Omnés [?], decoherence is just a particular case of the general problem of irreversibility in quantum mechanics. The problem of irreversibility can be roughly expressed in the following terms. Since the quantum state  $\rho(t)$  follows an unitary evolution, it cannot reach a final equilibrium state for  $t \to \infty$ . Therefore, if the non-unitary evolution towards equilibrium is to be accounted for, a further element has to be added to the unitary evolution. From the most general viewpoint, this element consists in the splitting of the maximal information about the system into a relevant part and an irrelevant part: whereas the irrelevant part is disregarded, the relevant part is retained and its evolution may reach a final equilibrium situation.

This broadly expressed idea can be rephrased in operators language. The maximal information about the system is given by the set of all its potentially possible observables. By selecting a particular subset  $\mathcal{O}_R$  of this set, we restrict the maximal information to a relevant part: the expectation values  $\langle O_R \rangle_{\rho(t)}$  of the observables  $O_R \in \mathcal{O}_R$  express the relevant information about the system. Of course, the decision about which observables are to be considered as relevant depends on the particular purposes in each situation; but without this restriction, irreversible evolutions cannot be described. As we have said above, when EID is described from the closed-system perspective, the phenomenon can be viewed as a particular kind of time-evolution of the expectation values of certain relevant observables of the closed system U. In that particular case, the relevant observables are of the form  $O_R = O_S \otimes I_E$ . The question is whether that account of decoherence can be generalized (see [50] for detalis).

Let us begin by considering the expectation values of certain relevant observables  $O_R \in \mathcal{H}_U \otimes \mathcal{H}_U$ , which now are not necessarily of the form  $O_R = O_S \otimes I_E$ . Let us suppose that, for any  $O_R$ , those expectation values tend to settle down, in an extremely short time, in a value  $k = \sum_i P_i O_{Rii}$ , where  $0 \le P_i \le 1$  and  $\sum_i P_i$  (see the analogous case in EID in eq.(10)):

$$\langle O_R \rangle_{\rho_U(t)} \xrightarrow{t \gg t_D} \sum_i P_i O_{Rii}$$
 (14)

Of course, the  $P_i$  are not the diagonal elements of a time-independent  $\rho_U$ , since the state  $\rho_U(t)$  of the closed system evolves unitarily. Nevertheless, the sum of eq.(14) can also be expressed as

$$\sum_{i} P_i O_{Rii} = \sum_{i} \rho_{Uii}^d O_{Rii} \tag{15}$$

where the  $\rho_{Uii}^d$  can be conceived as the components of a kind of coarse-grained state  $\rho_U^d$ , diagonal in a basis  $\{|\alpha_i\rangle\}$  of  $\mathcal{H}_U$ , which plays the role of pointer basis. In other words,  $\langle O_R \rangle_{\rho_U(t)}$  converges, in an extremely short time, to a value that can be computed as if the system were in a state  $\rho_U^d$  represented by a diagonal density operator :

$$\langle O_R \rangle_{\rho_U(t)} \xrightarrow{t \gg t_D} \sum_i P_i O_{Rii} = \sum_i \rho_{Uii}^d O_{Rii} = \langle O_R \rangle_{\rho_U^d}$$
(16)

If eq.(13) and eq.(16) are compared, it is easy to see that in both cases the expectation values of certain relevant observables of the whole closed system tend very rapidly to certain time-independent values that can be computed as expectation values of those relevant observables in a time-independent diagonal state. Therefore, if eq.(13) describes decoherence, there is no reason to deny that eq.(16) is also a description of the same phenomenon. This means that, although the off-diagonal terms of  $\rho_U(t)$  never vanish through the unitary evolution, decoherence obtains because it is a coarse-grained process: the system decoheres from the observational viewpoint given by any observable belonging to the space  $\mathcal{O}_R$ .

It might be objected that, whereas in the case of EID the time-independent diagonal state  $\rho_U^{cg}$  is defined in terms of the reduced state  $\rho_S^d$ , which is the quantum state of the open system, in the general approach the time-independent diagonal  $\rho_U^d$  is not the quantum state of the closed system. However, this objection is based on the assumption that the reduced state of an open system is its quantum state, a position that is seriously challenged by the difference between proper and improper mixtures (see [45], [46]): reduced states are improper mixtures, they are only "a calculational tool" for computing expectation values ([47], p.48). For this reason, even in the particular context of decoherence, Schlosshauer warns us "against a misinterpretation of reduced density matrices as describing a proper mixture of states" ([47], p.69; see also [51]). Therefore, although it is true that  $\rho_U^d$  is not the state of the closed system U but a calculational tool for computing expectation values after the extremely short decoherence time, the same can be said of the reduced state  $\rho_S^d$  regarding the open system S.

It is interesting to emphasize in what sense this closed-system perspective for understanding decoherence is more general than the orthodox open-system perspective. The EID approach always selects a set of relevant observables that correspond to a subsystem, with its associated Hilbert space and its reduced state. From the closed-system perspective, by contrast, the set of the relevant observables that decohere is completely generic and may not correspond to a subsystem. For example, one might be interested in the decoherence of a single observable of the closed system U, which certainly does not define a subsystem but, nevertheless, may manifest a classical-like behavior.

Summing up, the closed-system perspective has allowed us to conceptualize decoherence from a viewpoint more general than that supplied by the EID approach: decoherence "induced" by the environment is a particular case of a phenomenon that involves the evolution of the expectation values of certain relevant observables towards a specific time-independent value. There are, then, certain processes that fall under the concept of decoherence from this general viewpoint, but are not conceptualized as decoherence from the EID approach. It might be thought that this is a merely semantic issue; however, the fact that the difference has physical content will become clear when the problem of the transition from quantum to classical will be considered.

# VII. THE SPIN-BATH MODEL FROM THE CLOSED-SYSTEM APPROACH

In this section we will analyze the spin-bath model, both in the traditional and in the generalized versions, as presented in previous works, from the open-system approach. We will show how this model leads to conclusions that sound paradoxical when read from an open-system perspective.

### A. The traditional spin-bath model

This is a very simple model that has been exactly solved in previous papers ([18]). Here we will study it from the closed-system perspective presented in the previous section.

Let us consider a closed system  $U = P \cup P_1 \cup P_2 \cup ... \cup P_N = P \cup \left(\bigcup_{i=1}^N P_i\right)$ , where (i) P is a spin-1/2 particle represented in the Hilbert space  $\mathcal{H}_P$ , and (ii) each  $P_i$  is a spin-1/2 particle represented in its Hilbert space  $\mathcal{H}_i$ . The Hilbert space of the composite system is, then,

$$\mathcal{H} = (\mathcal{H}_P) \otimes \left(\bigotimes_{i=1}^N \mathcal{H}_i\right) \tag{17}$$

In the particle P, the two eigenstates of the spin operator  $S_{S,\vec{v}}$  in direction  $\vec{v}$  are  $|\Uparrow\rangle$  and  $|\Downarrow\rangle$ , such that  $S_{S,\vec{v}} |\Uparrow\rangle = \frac{1}{2} |\Uparrow\rangle$  and  $S_{S,\vec{v}} |\Downarrow\rangle = -\frac{1}{2} |\Downarrow\rangle$ . In each particle  $P_i$ , the two eigenstates of the corresponding spin operator  $S_{i,\vec{v}}$  in direction  $\vec{v}$  are  $|\uparrow_i\rangle$  and  $|\downarrow_i\rangle$ , such that  $S_{i,\vec{v}} |\uparrow_i\rangle = \frac{1}{2} |\uparrow_i\rangle$  and  $S_{i,\vec{v}} |\downarrow_i\rangle = \frac{1}{2} |\downarrow_i\rangle$ . Therefore, a pure initial state of U reads

$$|\psi_0\rangle = (a|\Uparrow\rangle + b|\Downarrow\rangle) \bigotimes_{i=1}^N (\alpha_i|\uparrow_i\rangle + \beta_i|\downarrow_i\rangle)$$
(18)

where the coefficients  $a, b, \alpha_i, \beta_i$  are such that satisfy  $|a|^2 + |b|^2 = 1$  and  $|\alpha_i|^2 + |\beta_i|^2 = 1$ . If the self-Hamiltonians  $H_P$  of P and  $H_i$  of  $P_i$  are taken to be zero, and there is no interaction among the  $P_i$ , then the total Hamiltonian H of the composite system is given by the interaction between the particle P and each particle  $P_i$ . For instance (see [18]),

$$H = \frac{1}{2} \left( \left| \Uparrow \right\rangle \left\langle \Uparrow \right| - \left| \Downarrow \right\rangle \left\langle \Downarrow \right| \right) \otimes \sum_{i=1}^{N} g_i \left( \left| \uparrow \right\rangle \left\langle \uparrow \right| - \left| \downarrow \right\rangle \left\langle \downarrow \right| \right) \otimes \left( \bigotimes_{\substack{j=1\\j \neq i}}^{N} I_j \right)$$
(19)

where  $I_j = |\uparrow_j\rangle \langle \uparrow_j| + |\downarrow_j\rangle \langle \downarrow_j|$  is the identity operator on the subspace  $\mathcal{H}_j$  and the  $g_i$  are the coupling constants.

### 1. Decomposition 1

In the typical situation studied by the EID approach, the open system S is the particle P and the remaining particles  $P_i$  play the role of the environment E: S = P and  $E = \bigcup_{i=1}^{N} P_i$ . Then, the decomposition for this case is

$$\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_E = (\mathcal{H}_P) \otimes \left(\bigotimes_{i=1}^N \mathcal{H}_i\right)$$
(20)

and the relevant observables  $O_R$  of U are those corresponding to the particle P:

$$O_R = O_S \otimes I_E = \left(s_{\uparrow\uparrow\uparrow} |\uparrow\rangle \left\langle\uparrow\right| + s_{\uparrow\downarrow\downarrow} |\uparrow\rangle \left\langle\downarrow\right| + s_{\downarrow\downarrow\uparrow} |\downarrow\rangle \left\langle\uparrow\right| + s_{\downarrow\downarrow\downarrow} |\downarrow\rangle \left\langle\downarrow\right| \right) \otimes \left(\bigotimes_{i=1}^N I_i\right)$$
(21)

The expectation value of these observables in the state  $|\psi(t)\rangle = |\psi_0\rangle e^{-iHt}$  is given by (see [52])

$$\langle O_R \rangle_{\psi(t)} = |a|^2 s_{\uparrow\uparrow\uparrow} + |b|^2 s_{\downarrow\downarrow\downarrow} + 2 \operatorname{Re}[ab^* s_{\downarrow\uparrow\uparrow} r(t)] = \sum^d + \sum^{nd}(t)$$
(22)

where

$$r(t) = \langle \varepsilon_{\Downarrow}(t) | \varepsilon_{\uparrow}(t) \rangle = \prod_{i=1}^{N} \left[ |\alpha_i|^2 e^{ig_i t} + |\beta_i|^2 e^{-ig_i t} \right]$$
(23)

By means of numerical simulations it is shown that, for  $N \gg 1$ , in general  $|r(t)|^2 \to 0$  and, therefore,  $\sum_{i=1}^{nd} (t) \to 0$ : the particle P decoheres in interaction with a large environment E composed by N particles  $P_i$  (see [47]; for larger values of N and realistic values of the  $g_i$  in typical models of spin interaction, see [52]).

## 2. Decomposition 2

Although in the usual presentations of the model the system of interest is P, there are different ways of splitting the whole closed system U. For instance, we can decide to observe a particular particle  $P_j$  of what was previously considered the environment, and to consider the remaining particles as the new environment:  $S = P_j$  and  $E = P \cup \left(\bigcup_{i=1, i\neq j}^N P_i\right)$ . The total Hilbert space of the closed composite system U is still given by eq.(17), but now the decomposition is

$$\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_E = (\mathcal{H}_j) \otimes \left( \mathcal{H}_P \otimes \left( \bigotimes_{\substack{i=1\\i \neq j}}^N \mathcal{H}_i \right) \right)$$
(24)

and the relevant observables  $O_R$  of U are those corresponding to the particle  $P_i$ :

$$O_R = O_S \otimes I_E = \left(\xi_{\uparrow\uparrow}^j \mid \uparrow_j \rangle \langle \uparrow_j \mid +\xi_{\uparrow\downarrow}^j \mid \uparrow_j \rangle \langle \downarrow_j \mid +\xi_{\downarrow\uparrow}^j \mid \downarrow_j \rangle \langle \uparrow_j \mid +\xi_{\downarrow\downarrow}^j \mid \downarrow_j \rangle \langle \downarrow_j \mid \right) \otimes \left(I_P \otimes \left(\bigotimes_{\substack{i=1\\i \neq j}}^N I_i\right)\right)$$
(25)

The expectation value of these observables in the state  $|\psi(t)\rangle$  is given by ([52])

$$\langle O_R \rangle_{\psi(t)} = |\alpha_j|^2 \xi^j_{\uparrow\uparrow} + |\beta_j|^2 \xi^j_{\downarrow\downarrow} + 2 \operatorname{Re}[\alpha_j \beta^*_j \xi^j_{\downarrow\uparrow} e^{ig_i t}] = \sum^d + \sum^{nd}(t)$$
(26)

\ \

In this case, numerical simulations are not necessary to see that the time-dependent term of eq.(26) is an oscillating function which, therefore, has no limit for  $t \to \infty$ . This result is not surprising, but completely reasonable from a physical point of view. In fact, with the exception of the particle P, the remaining particles of the environment E are uncoupled to each other: each  $P_i$  evolves as a free system and, as a consequence, E is unable to reach a final stable state.

#### B. A generalized spin-bath model

Let us now consider a closed system  $U = A \cup B$  where

- (i) The subsystem A is composed of M spin-1/2 particles  $A_i$ , with i = 1, 2, ..., M, each one represented in its Hilbert space  $\mathcal{H}_{A_i}$ : in each  $A_i$ , the two eigenstates of the spin operator  $S_{A_i, \overrightarrow{v}}$  in direction  $\overrightarrow{v}$  are  $|\uparrow_i\rangle$  and  $|\downarrow_i\rangle$ .
- (ii) The subsystem B is composed of N spin-1/2 particles  $B_k$ , with k = 1, 2, ..., N, each one represented in its Hilbert space  $\mathcal{H}_{B_k}$ : in each  $B_k$ , the two eigenstates of the spin operator  $S_{B_k, \overrightarrow{v}}$  in direction  $\overrightarrow{v}$  are  $|\uparrow_k\rangle$  and  $|\downarrow_k\rangle$ .

The Hilbert space of the composite system  $U = A \cup B$  is, then

$$\mathcal{H} = \mathcal{H}_A \otimes \mathcal{H}_B = \left(\bigotimes_{i=1}^M \mathcal{H}_{A_i}\right) \otimes \left(\bigotimes_{k=1}^N \mathcal{H}_{B_k}\right)$$
(27)

and a pure initial state of U reads

$$|\psi_0\rangle = |\psi_A\rangle \otimes |\psi_B\rangle = \left(\bigotimes_{i=1}^M (a_i |\uparrow_i\rangle + b_i |\downarrow_i\rangle)\right) \otimes \left(\bigotimes_{k=1}^N (\alpha_k |\uparrow_k\rangle + \beta_k |\downarrow_k\rangle)\right)$$
(28)

with  $|a_i|^2 + |b_i|^2 = 1$  and  $|\alpha_k|^2 + |\beta_k|^2 = 1$ . As in the original spin-bath model, the self-Hamiltonians  $H_{A_i}$  and  $H_{B_k}$  are taken to be zero, and there is no interaction among the particles  $A_i$  nor among the particles  $B_k$ . As a consequence, the total Hamiltonian of the composite system is given by

$$H = \frac{1}{2} \left( \left| \Uparrow \right\rangle \left\langle \Uparrow \right| - \left| \Downarrow \right\rangle \left\langle \Downarrow \right| \right) \left( \sum_{i=1}^{M} \frac{1}{2} \left( \left| \Uparrow_i \right\rangle \left\langle \Uparrow_i \right| - \left| \Downarrow_i \right\rangle \left\langle \Downarrow_i \right| \right) \otimes \left( \bigotimes_{\substack{j=1\\j \neq i}}^{M} I_{A_j} \right) \right) \otimes \left( \sum_{k=1}^{N} g_k \left( \left| \uparrow_k \right\rangle \left\langle \uparrow_k \right| - \left| \downarrow_k \right\rangle \left\langle \downarrow_k \right| \right) \otimes \left( \bigotimes_{\substack{l=1\\l \neq k}}^{N} I_l \right) \right) \right)$$
(29)

where  $I_{A_j} = |\uparrow_j\rangle \langle\uparrow_j| + |\downarrow_j\rangle \langle\downarrow_j|$  and  $I_{B_k} = |\uparrow_k\rangle \langle\uparrow_k| + |\downarrow_k\rangle \langle\downarrow_k|$  are the identity operators on the subspaces  $\mathcal{H}_{A_j}$  and  $\mathcal{H}_{B_k}$  respectively. Let us notice that the eq.(19) of the original model is the particular case of eq.(29) for M = 1.

#### 1. Decomposition 1

We can consider the decomposition where A is the open system S and B is the environment E. This is a generalization of Decomposition 1 in the traditional spin-bath model: the only difference is that here S is composed of  $M \ge 1$  particles instead of only one. Then, the decomposition is

$$\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_E = \left(\bigotimes_{i=1}^M \mathcal{H}_{A_i}\right) \otimes \left(\bigotimes_{k=1}^N \mathcal{H}_{B_k}\right)$$
(30)



FIG. 1: Schema of the interactions among the particles: (a) generalized spin-bath model (M > 1), and (b) original spin-bath model (M = 1).

and the relevant observables  $O_R$  are those corresponding to A:

$$O_R = O_S \otimes I_E = O_A \otimes \left(\bigotimes_{i=1}^N I_i\right) \tag{31}$$

When the expectation value  $\langle O_R \rangle_{\psi(t)} = \sum^d + \sum^{nd} (t)$  of the observables  $O_R$  in the state  $|\psi(t)\rangle$  is computed, two cases can be distinguished:

• Case (a):  $M \ll N$ 

Numerical simulations show that  $\sum^{nd}(t) \to 0$  very fast for increasing time (see Figure 2 of [52]). This means that, as expected, a small open system S = A of M particles decoheres in interaction with a large environment E = B of  $N \gg M$  particles.

• Case (b):  $M \gg N$  or  $M \simeq N$ 

Numerical simulations show that  $\sum^{nd}(t)$  exhibits an oscillating behavior and, then, it does not approach zero for increasing time (see Figures 3 and 4 of [52]). This means that, when the environment E = B of N particles is not large enough when compared with the open system S = A of M particles, S does not decohere.

## 2. Decomposition 2

In this case we decide to observe only one particle of A. This amounts to splitting the closed system U into two new subsystems: the open system S is, say, the particle  $A_M$ , and the environment E is  $\left(\bigcup_{i=1}^{M-1} A_i\right) \cup \left(\bigcup_{k=1}^N B_k\right)$ . Let us notice that the Decomposition 2 of the traditional spin-bath model is a particular case of this one, for N = 1(where N plays the role of the M of this case). The decomposition here is

$$\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_E = (\mathcal{H}_{A_M}) \otimes \left( \left( \bigotimes_{i=1}^{M-1} \mathcal{H}_{A_i} \right) \otimes \left( \bigotimes_{k=1}^N \mathcal{H}_{B_k} \right) \right)$$
(32)

and the relevant observables  $O_R$  of U are those corresponding to  $A_M$ :

$$O_R = O_S \otimes I_E = O_{A_M} \otimes \left( \left( \bigotimes_{i=1}^{M-1} I_i \right) \otimes \left( \bigotimes_{k=1}^N I_k \right) \right)$$
(33)

When the expectation value  $\langle O_R \rangle_{\psi(t)} = \sum^d + \sum^{nd}(t)$  is computed, numerical simulations show that, if  $N \gg 1$ ,  $\sum^{nd}(t) \to 0$  very fast for increasing time (see Figures 5, 6 and 7 of [52]). This means that the particle  $A_M$  decoheres when  $N \gg 1$ , independently of the value of M. But since the particle  $A_M$  was arbitrarily selected, the same argument holds for any particle  $A_i$  of A. Then, when  $N \gg 1$  and independently of the value of M, any particle  $A_i$  decoheres in interaction with its environment E of N + M - 1 particles. On the other hand, the symmetry of the whole system U allows us to draw analogous conclusions when the system S is one of the particles of B: when  $M \gg 1$ and independently of the value of N, any particle  $B_k$  decoheres in interaction with its environment E of N + M - 1particles.

## C. Analyzing results

Let us consider the generalized spin-bath model when  $M = N \gg 1$ . In this case, the subsystem  $A = \bigcup_{i=1}^{M} A_i$  does not decohere (Decomposition 1), but the particles  $A_i$ , considered independently, do decohere (Decomposition 2). In other words, in spite of the fact that certain particles decohere and may behave classically, the subsystem composed by all of them retains its quantum nature. We have also seen that, since  $M \gg 1$ , all the particles  $B_k$ , considered independently, decohere. Then, in this case not only all the  $A_i$ , but also all the  $B_k$  decohere. This means that all the particles of the closed system  $U = \left(\bigcup_{i=1}^{M} A_i\right) \cup \left(\bigcup_{k=1}^{N} B_k\right)$  may become classical when considered independently, although the whole system U certainly does not decohere and, therefore, retains its quantum character.

The fact that certain particles may be classical or quantum depending on how they are considered sounds paradoxical in the context of an approach that explains decoherence as the result of an interaction between open systems. This difficulty can also be seen as a manifestation of the "looming big" problem of defining the open systems involved in decoherence. The irony of this story is that such a problem is the consequence of what has been considered to be the main advantage of the EID program, its open-system perspective, according to which particles interacting with other particles are well-defined open systems, and the collections of those particles are open systems too. So, the problem is to decide which one of all these open systems is the system S that decoheres or, in other words, where to place the cut between the system S and its environment E.

The open-system approach not only leads to the "looming big" problem, but in a certain sense also disregards the well-known holism of quantum mechanics: a quantum system is not the mere collection of its parts and the interactions among them. In order to retain its holistic nature, a quantum system has to be considered as a whole: the open "subsystems" are only partial descriptions of the whole closed system. It is on the basis of this closed-system perspective that a different conceptual viewpoint for understanding decoherence can be developed.

## VIII. THE RELATIVE NATURE OF DECOHERENCE

From the closed-system perspective introduced in the previous sections, the discrimination between system and environment turns out to be the selection of the relevant observables. By following Harshman and Wickramasekara ([53]), we will use the expression "tensor product structure" (TPS) to call any factorization  $\mathcal{H} = \mathcal{H}_A \otimes \mathcal{H}_B$  of a Hilbert space  $\mathcal{H}$ , defined by the set of observables  $\{O_A \otimes I_B, I_A \otimes O_B\}$ , such that the eigenbases of the sets  $\{O_A\}$ and  $\{O_B\}$  are bases of  $\mathcal{H}_A$  and  $\mathcal{H}_B$  respectively. If  $\mathcal{H}$  corresponds to a closed system U, the TPS  $\mathcal{H} = \mathcal{H}_A \otimes \mathcal{H}_B$ represents the decomposition of U into two open systems  $S_A$  and  $S_B$ , corresponding to the Hilbert spaces  $\mathcal{H}_A$  and  $\mathcal{H}_B$ respectively. In turn, given the space  $\mathcal{O} = \mathcal{H} \otimes \mathcal{H}$  of the observables of U, such a decomposition identifies the spaces  $\mathcal{O}_A = \mathcal{H}_A \otimes \mathcal{H}_A$  and  $\mathcal{O}_B = \mathcal{H}_B \otimes \mathcal{H}_B$  of the observables of the open systems  $S_A$  and  $S_B$ , such that  $\mathcal{O}_A \otimes I_B \subset \mathcal{O}$  and  $I_A \otimes \mathcal{O}_A \subset \mathcal{O}$ . In particular, the total Hamiltonian of U,  $H \in \mathcal{O}_B$  is the Hamiltonian of  $S_B$ , and  $H_{AB} \in \mathcal{O}$  is the interaction Hamiltonian, representing the interaction between the open systems  $S_A$  and  $S_B$ .

In general, a quantum system U admits a variety of TPSs, that is, of decompositions into  $S_A$  and  $S_B$ . Among all these possible decompositions, there may be a particular TPS that remains dynamically invariant (see [53]). This is the case when there is no interaction between  $S_A$  and  $S_B$ ,  $H_{AB} = 0$ , and, then,

$$[H_A \otimes I_B, I_B \otimes H_A] = 0 \quad \Rightarrow \quad \exp\left(-iHt\right) = \exp\left(-iH_A t\right) \exp\left(-iH_B t\right) \tag{34}$$

Therefore,

$$\rho_A(t) = Tr_B \rho(t) = Tr_B \left( e^{-iHt} \rho_0 e^{iHt} \right) = e^{-iH_A t} \left( Tr_B \rho_0 \right) e^{iH_A t} = e^{-iH_A t} \rho_{A0} e^{iH_A t}$$
(35)

$$\rho_B(t) = Tr_A \rho(t) = Tr_A \left( e^{-iHt} \rho_0 e^{iHt} \right) = e^{-iH_B t} \left( Tr_A \rho_0 \right) e^{iH_B t} = e^{-iH_B t} \rho_{B0} e^{iH_B t}$$
(36)

This means that, even if the initial state  $\rho_0$  of U is an entangled state with respect to the TPS  $\mathcal{H} = \mathcal{H}_A \otimes \mathcal{H}_B$ ,  $S_A$  and  $S_B$  are dynamically independent: each one evolves unitarily under the action of its own Hamiltonian. As a consequence, the subsystems  $S_A$  and  $S_B$  resulting from this particular TPS do not decohere.

Once we have excluded the dynamically invariant TPS, all the remaining TPSs of U define subsystems  $S_A$  and  $S_B$  such that  $H_{AB} \neq 0$ . As a result of the interaction,  $S_A$  and  $S_B$  evolve non-unitarily; then, depending on the particular  $H_{AB}$ , they may decohere. But the point to stress here is that there is no privileged non-dynamically invariant decomposition of U: each partition of the closed system into  $S_A$  and  $S_B$  is just a way of selecting the spaces of observables  $\mathcal{O}_A$  and  $\mathcal{O}_B$ .

Once these concepts are considered, the selection of the space  $\mathcal{O}_R$  of relevant observables in the EID approach amounts to the selection of a particular TPS,  $\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_E$ , such that  $\mathcal{O}_R = \mathcal{O}_S \otimes I_E \subset \mathcal{O} = \mathcal{H} \otimes \mathcal{H}$ . From this closed-system perspective, it turns out to be clear that there is no essential criterion for identifying the "open system" and its "environment". Given the closed system U, that identification requires two steps: (i) to select a TPS  $\mathcal{H} = \mathcal{H}_A \otimes \mathcal{H}_B$  such that  $U = S_A \cup S_B$ , and (ii) to decide that one of the systems resulting from the decomposition, say  $S_A$ , is the open system S, and the other,  $S_B$ , is the environment E. Since the TPS is defined by the spaces of observables  $\mathcal{O}_A$  and  $\mathcal{O}_B$ , the decomposition of U is just the adoption of a descriptive perspective: the identification of S and E amounts to the selection of the relevant observables in each situation. But since the split can be performed in many ways, with no privileged decomposition, there is no need of an unequivocal criterion for deciding where to place the cut between "the" system and "the" environment. Decoherence is not a yes-or-no process, but a phenomenon *relative* to the chosen decomposition of the whole closed quantum system.

From this perspective, the perplexities derived from the generalized spin-bath model vanish. In fact, when we consider the whole closed system U, there is no difficulty in saying that from the viewpoint of the space of observables, say  $\mathcal{O}_{A_1}$ , (corresponding to the particle  $A_1$ ) there is decoherence, but from the viewpoint of the space of observables  $\mathcal{O}_A$  (corresponding to the open subsystem  $A = \bigcup_{i=1}^M A_i$ ) there is no decoherence. Moreover, even if there is decoherence from the viewpoint of all the  $\mathcal{O}_{A_i}$ , this does not imply decoherence from the viewpoint of  $\mathcal{O}_A$  since, as it is well-known,  $\mathcal{O}_A$  is not the mere union of the  $\mathcal{O}_{A_i} \otimes \left(\bigotimes_{j=1, j \neq i}^M I_j\right)$ . In other words, in agreement with quantum holism, the open subsystem A is not the mere collection of the particles  $A_i$ ; then, it is reasonable to expect that the behavior of A cannot be inferred from the behavior of all the  $A_i$ . In the same sense, it is not surprising that there is no decoherence from the viewpoint of anyone of the  $\mathcal{O}_{A_i}$  and  $\mathcal{O}_{B_k}$ , corresponding to the particles  $A_i$  and  $B_k$  respectively. And since the privileged viewpoint does not exist, the conclusions about decoherence have to be relativized to the particular observational perspective selected in each case.

## IX. A NEW LOOK AT ENVIRONMENT-INDUCED DECOHERENCE

#### A. Dissolving the conceptual problems

When decoherence is understood in the new general framework, the conceptual difficulties of the EID program turn out to be not as serious as originally supposed. In fact:

- a) With respect to the "open-system" problem, it does not make sense to say that closed quantum systems may not decohere: a closed quantum system may decohere from certain observational perspectives, that is, from the viewpoint of certain spaces of observables. Furthermore, in spite of the fact that EID focuses on open systems, it can also be formulated from the perspective of the composite closed system and, in this case, meaningful relationships between the behavior of the whole system and the behavior of its subsystems can be explained (see [49], [50]).
- b) The "defining systems" problem is simply dissolved by the fact that the splitting of the closed system into an open subsystem and an environment is just a way of selecting the relevant observables of the closed system. Since there are many different sets of relevant observables depending on the observational viewpoint adopted, the same closed system can be decomposed in many different ways: each decomposition represents a decision about which degrees of freedom are relevant and which can be disregarded in any case. Since there is no privileged or "essential" decomposition, there is no need of an unequivocal criterion for deciding where to place the cut between "the" system and "the" environment. As said above, decoherence is not a yes-or-no process, but a phenomenon relative to the chosen decomposition. Therefore, Zurek's "looming big problem" is not a real threat to the EID approach: the supposed challenge dissolves once the relative nature of decoherence is taken into account (see [54], [55]).

Although the new framework neutralizes the conceptual difficulties of the EID approach, also points to some warnings about the way in which the proposal is usually presented. From the new perspective, the insistence on the essential role played by the openness of a system and its interaction with the environment in the phenomenon of decoherence sounds rather misleading. The essential physical fact is that, among all the observational viewpoints that may be adopted to study a closed system, some of them determine a subset of relevant observables for which the system decoheres.

## B. Decoherence and dissipation

As pointed out in Section II, certain presentations of the EID approach suggest the existence of a certain relationship between decoherence and dissipation, as if decoherence were a physical consequence of or, at least, were strongly linked to energy dissipation. Some particular models studied in the literature on the subject tend to reinforce this idea by describing the behavior of a small open system –typically, a particle– immersed in a large environmental bath. On this basis, the EID approach has been considered a "dissipative" approach, by contrast to "non-dissipative" accounts of decoherence that constitute the "heterodoxy" in the field ([28], [29], [30], [31], [32]).

The fact that energy dissipation is not a condition for decoherence has been clearly emphasized by Schlosshauer, who claims that "decoherence may, but does not have to, be accompanied by dissipation, whereas the presence of dissipation also implies the occurrence of decoherence" ([47], p.93). This fact is explained by stressing that the loss of energy from the system is a classical effect, leading to thermal equilibrium in the relaxation time, whereas decoherence is a pure quantum effect that takes place in the decoherence time, many orders of magnitude shorter than the relaxation time: "If dissipation and decoherence are both present, they are usually quite easily distinguished because of their very different timescales" ([47], p.93). According to the author, it is this crucial difference between relaxation and decoherence— with no manifestation of energy dissipation, such as a slowing-down of the object. Schlosshauer recalls an example used by Joos ([56]): the planet Jupiter has been revolving around the sun on a Newtonian trajectory for billions of years, while its motional state has remained virtually unaffected by any dissipative loss.

This explanation, although correctly stressing the difference between decoherence and dissipation, seems to present both phenomena on the same footing: an open system would first become classical through decoherence, and would then relax due to energy dissipation. Following this view, dissipation involves the loss of energy from the system to the environment, while decoherence amounts to a sort of "dissipation" of coherence that leads the open system, in a very short time, to the classical regime: the environment plays the role of a "sink" that carries away the information about the system ([47], p.85). The results obtained in the generalized spin-bath model show that the coherencedissipation or information-dissipation picture has to be considered with great caution, as a mere metaphor. In fact, to the extent that decoherence is a relative phenomenon, no flow of a non-relative quantity from the open system to the environment can account for decoherence. In particular, although energy dissipation and decoherence are in general easily distinguished because of their different timescales, the very reason for their difference is that energy dissipation is not a relative phenomenon but results from the effective flow of a physical entity, whereas decoherence is relative to the observational partition of the whole closed system selected in each situation. On the other hand, decoherence can be explained in terms of the flow of information from the open system to the environment if information is also conceived as a relative magnitude ([57], [58]).

## X. THE QUANTUM-TO-CLASSICAL TRANSITION

As it is well known, one of the main aims of the decoherence program is to explain "the transition from quantum to classical" ([19], p.36). For this purpose, it is expected that the phenomenon of decoherence cancels the quantum features that preclude classicality. In this section we will see how this may happen.

Let us begin by recalling that, in the quantum domain, the expectation values are the experimentally accessible magnitudes: we do not measure states but expectation values. Therefore, the purpose must be to obtain quantum expectation values with a classical-like form. The expectation value of a classical observable O, whose possible values are  $o_i$ , is computed as

$$\langle O \rangle = \sum_{i} P_{i} o_{i} \tag{37}$$

where  $P_i$  is the probability corresponding to the value  $o_i$ . In quantum mechanics, by contrast, the expectation value of an observable O in the state  $\rho$  is computed as

$$\langle O \rangle_{\rho} = Tr\left(\rho O\right) = \sum_{ij} \rho_{ji} O_{ij} = \sum_{i} \rho_{ii} O_{ii} + \sum_{i \neq j} \rho_{ji} O_{ij} = \sum^{D} + \sum^{ND}$$
(38)

where the  $O_{ij}$  and the  $\rho_{ji}$  are the components of O and  $\rho$  in a given basis. It is important to note that in this approach, the terms of the mean values must be written in the same preferred basis of EID (however it is also possible to define the baseline from the mean values [59] [60]). Therefore, if the purpose is that quantum expectation values behave as in the classical case, we need to identify the situation in which they acquire a form that resembles the classical one, that is, a situation in which the "non-diagonal" sum  $\sum^{ND}$  vanishes and only the "diagonal" sum  $\sum^{D}$  remains.

## A. The quantum-to-classical transition in environment-induced decoherence

Since the non-diagonal terms of a quantum state do not have a classical analogue, in the EID approach the diagonalization of the reduced state of the system is viewed as a manifestation of the quantum-to-classical transition: the states of the pointer basis, "einselected" by decoherence, are the candidates to classical states (strictly speaking, in order to obtain a classical-like description it is necessary to apply the Wigner transformation and the limit  $\hbar \rightarrow 0$ , see [7]). In most models, the system is a particle and, as a consequence, it is usually said that the particle becomes -or, at least, begins to behave as if it were– classical.

In fact, the diagonalization of the reduced state  $\rho_S(t)$  of S in the pointer basis leads to a situation in which certain expectation values acquire a classical-like form. Since  $\rho_S^d$  is diagonal, it can be conceived as representing a classical-like probability that makes the interference terms represented by  $\sum^{ND}$  to be zero (see eq.(9)):

$$\langle O_S \rangle_{\rho_S^d} = \sum_i \rho_{Sii}^d O_{Sii} \tag{39}$$

As a consequence, the expectation value of any observable  $O_S^c$  of S that is diagonal in the pointer basis (the same of EID) will have the classical form of eq.(37):

$$\langle O_S^c \rangle_{\rho_S^d} = \sum_i \rho_{Sii}^d \, o_{Si}^c \tag{40}$$

where the diagonal components  $\rho_{Sii}^d$  of  $\rho_S^d$  play the role of the classical-like probabilities corresponding to the possible values – eigenvalues –  $o_{Si}^c$  of the observable  $O_S^c$ .

In summary, the decoherence of the observables corresponding to the system S selects the pointer basis in which the reduced state  $\rho_S(t)$  becomes diagonal after the decoherence time and, in turn, that pointer basis identifies the observables of S whose expectation values acquire a classical form. As a consequence, instead of saying that the system S behaves as if it were classical or that the states of the pointer basis become classical, it would be more accurate to say that the observables  $O_S^c$  of S behave as if they were classical observables. Moreover, on the basis of the arguments of the previous sections, from the closed-system perspective one could also say that the observables  $O_R^c = O_S^c \otimes I_E$  of the whole closed system  $U = S \cup E$  behave as if they were classical observables.

#### B. The quantum-to-classical transition: a more general approach

As we have said in Section VI, from our viewpoint decoherence is a process that leads  $\langle O_R \rangle_{\rho_U(t)}$  to converge, in an extremely short time, to a value that can be computed as if the system were in a state represented by a diagonal density operator (see eq.(16)):

$$\langle O_R \rangle_{\rho_U^d} = \sum_i \rho_{Uii}^d O_{Rii} \tag{41}$$

Now –analogously to the EID case– the expectation value of any observable  $O_R^c$  of U that is diagonal in the pointer basis will have the classical form of eq.(37):

$$\langle O_R^c \rangle_{\rho_U^d} = \sum_i \rho_{Uii}^d \, o_{Ri}^c \tag{42}$$

where the diagonal components  $\rho_{Uii}^d$  of  $\rho_U^d$  play the role of the classical-like probabilities corresponding to the possible values – eigenvalues –  $o_{Ri}^c$  of the observable  $O_R^c$ .

In complete analogy with the quantum-to-classical transition in EID, here the decoherence of the relevant observables of U selects the pointer basis in which the state  $\rho_U^d$  is diagonal and, in turn, this pointer basis identifies, among all the relevant observables, those whose expectation values acquire a classical form. But in this case, the relevant observables do not need to correspond to a subsystem of U: it is possible to focus attention on any group of observables of the closed system, or even on a single observable, in order to know if they behave in a classical-like manner.

Since according to the EID approach only open systems may decohere, from this perspective the issue of the emergence of classicality in closed systems, in particular, in the Universe as a whole, cannot even be posed since "the state of a perfectly isolated fragment of the Universe -of, for that matter, of the quantum universe as a whole– would evolve forever deterministically" ([42], p.181). Nevertheless, this difficulty can be overcome from the closed-system perspective. In fact, once the idea of the decoherence and the classicality of systems or states is replaced by the view that certain observables decohere and may acquire a classical-like behavior, the restriction to open systems loses its strength.

Moreover, the perplexities resulting from the generalized spin-bath model can also be solved. In fact, they derive from supposing that the open subsystems become classical when interacting with their environments. From the open-system perspective, on the contrary, one can univocally identify, among all the observables of the closed system, which acquire a classical-like behavior: the "classical world" is unambiguously defined by the set observables whose expectation values acquire a classical form.

# XI. DECOHERENCE WITHOUT DECOHERENCE

Current works indicate that the most suitable scenario for early cosmology is the one of inflation [61–66]. This is because the whole structure of the universe can be traced to the primordial fluctuations during an accelerated phase of the early universe. Several works show that EID can solve the quantum-classical transition of the universe, by separating the different degrees of freedom in system and environment. Since there is no a standard way to divide the universe, some authors take the inflaton as a system and the gravitons as the environment [67], while other authors divide the universe between long and short frequencies [68].

However there is an alternative approach proposed by Kiefer, Polarski and Starobinsky [69–71], it studies the problem of quantum-classical transition without the need to attend to decoherence. The predictions obtained through mean values are indistinguishable from stochastic averaging.

According to paper [71], inflation can be appears in energy scales where spacetime can be described as a classic curved spacetime where fluctuations are defined. Inflaton fluctuations  $\delta\phi(x,t)$  can be studied as scalar fields without

mass. It is convenient to consider the rescaled quantity  $a\delta\phi(x,t) \equiv y(x,t)$  and the conformal time  $\eta = \int \frac{dt}{a(t)}$ . The

symbol ' will be used to denote a derivative with respect to  $\eta$ . The quantization of the perturbation  $y(x, \eta)$  is the usual quantization, and p is the momentum conjugate to y,

$$p = \frac{\partial \mathcal{L}(y, y')}{\partial y'} \tag{43}$$

where  $\mathcal{L}$  is the Lagrangian that corresponds to the Hamiltonian:

$$H = \frac{1}{2} \int d^3k [k(a(k)a^{\dagger}(k) + a^{\dagger}(-k)a(-k)) + i\frac{a'}{a}(a^{\dagger}(k)a^{\dagger}(-k) - a(k)a(-k)]$$
(44)

a(k) is the time dependent annihilation operator

$$a(k) = \frac{1}{\sqrt{2}} \left( \sqrt{k} y(k) + \frac{i}{\sqrt{k}} p(k) \right) \tag{45}$$

 $y(k,\eta)$  and  $p(k',\eta)$  satisfy the canonical commutation relation

$$[y(k,\eta), p(k',\eta)] = i\delta^{(3)}(k-k')$$
(46)

This equation expresses the quantum character of the perturbation  $y(k, \eta)$ .

If we compute the time evolution in the Heisenberg representation we have that the following:

$$y(k,\eta) = f_k(\eta)a_k + f_k^*(\eta)a_{-k}^{\dagger}$$
(47)

where  $a_k = a(k, \eta_0)$  and the modes  $f_k$  satisfy the equation

$$f_k'' + (k^2 - \frac{a''}{a})f_k = 0 \tag{48}$$

We can write the equation (47) in a more suggestive way

$$y(k,\eta) = \sqrt{2k} f_{k1}(\eta) y_k - \sqrt{\frac{2}{k}} f_{k2}(\eta) p_k$$
(49)

where  $y_k = y(k, \eta_0)$  and  $p_k = p(k, \eta_0)$ ,  $f_{k1} = \operatorname{Re}(f_k)$ ,  $f_{k2} = \operatorname{Im}(f_k)$ . Analogously

$$p(k,\eta) = \sqrt{\frac{2}{k}} g_{k1}(\eta) p_k + \sqrt{2k} g_{k2}(\eta) y_k$$
(50)

## A. Quantum-classical transition: pragmatic version

This formulation is relevant to understand the quantum-classical transition. For example, Kiefer and Polarski [72] assume that there is a limit in which  $f_{k2}$  and  $g_{k1}$  (or  $f_{k1}$  and  $g_{k2}$  respectively) behave as

$$f_{k2} \longrightarrow 0$$
 and  $g_{k1} \longrightarrow 0$   
or  
 $f_{k1} \longrightarrow 0$  and  $g_{k2} \longrightarrow 0$ 

Then from (49) and (50) we can see that the non-commutativity of operators  $y_k$  and  $p_k$  is no longer relevant

$$\left[y(k,\eta), p^{\dagger}(k',\eta)\right] = 2\left(f_{k1}(\eta)g_{k1}(\eta) + f_{k2}(\eta)g_{k2}(\eta)\right)\left[y_k, p_k\right] \longrightarrow 0$$
(51)

To understand the physical meaning of this limit, we can consider a classical stochastic system where the dynamics is still described by equations of the form (49), but with  $y(k, \eta_0)$  and  $p(k, \eta_0)$  representing random initial values. If  $f_{k2}$  and  $g_{k1}$  vanish, we get

$$p(k,\eta) = p_{cl}(y(k,\eta)) = \frac{g_{k2}}{f_{k1}}y(k,\eta)$$
(52)

This equation is valid when y and p are operators and also if they are classical stochastic variables  $(y_{cl} \text{ and } p_{cl})$ . In this case, for a given realization there are a pair  $(y_{cl}, p_{cl})$ . For this reason Kiefer and Polarski claim

"Then the quantum system is effectively equivalent to the classical random system, which is an ensemble of classical trajectories with a certain probability associated to each of them" ([71] pp. 4)

A concrete example in which  $f_{k2}$  and  $g_{k1}$  tend to zero, is the perturbation on de Sitter space [72]. When the decaying mode becomes vanishingly small; when this mode is neglected we are in the limit of a random stochastic process.

## B. Pragmatic view, EID and the closed-system perspective

Kiefer and Polarski present their explanation of the quantum-classical transition of the universe as a "pragmatic view". This is because although we can obtain classical statistics from quantum statistics, there is not an associated interpretation. The main characteristic of the "pragmatic view" is that it focuses on the mean values and it does not use any reduced state.

Most interpretations of quantum mechanics emphasize the quantum state, assigning to it some kind of ontology. In fact, in EID the focus is in the reduced state. For this reason the authors believe that their point of view, that does not consider the states, is simply a pragmatic view. And to understand the phenomenon is necessary to introduce EID.

However, we believe that this formalism can be given in a proper interpretive framework that does not consider to the state, then EID is not necessary

The pragmatic view basically consists of studying the mean values directly, without taking into account the state, and it determines when these values do take the form of classical statistics and when they do not. This way of studying decoherence is similar to the approach proposed by the closed-system perspective.

#### 1. The hidden decoherence of the "pragmatic view"

As it is known, a quantum system evolves under the Schrödinger equation. As the evolution is unitary, the system cannot reach equilibrium or decoherence.

As explained in previous sections, if we choose appropriate relevant observables we can describe the phenomenon of decoherence in the mean values of the closed system. Therefore, the quantum-classical transition of the "pragmatic view" has to ignore some kind of decoherence. This is difficult to determine if the decoherence is understood from the point of view of EID, since it divided the whole system into the system and the environment, computes the reduced state of the system and considers its diagonalization. However, according to the closed-system perspective, decoherence is understood as the vanish of the interference terms in the mean values, then the problem is simplified. In fact, the pragmatic view selects the observable ad ignores evanescent modes.

The expression (51) is misleading because from (46), (49) and (50) we know that

$$f_{k1}(\eta)g_{k1}(\eta) + f_{k2}(\eta)g_{k2}(\eta) = \frac{1}{2}$$
(53)

then

$$\left[y(k,\eta), p^{\dagger}(k',\eta)\right] \not\to 0 \tag{54}$$

Then Kiefer and Polarski say

"Clearly, when  $f_{k2}(\eta)$ ,  $g_{k1}(\eta)$  are unobservable, this coherence becomes unobservable as well. This is the case when the decaying mode is so small that we have no access to it in observations" ([71] pp. 5)

This means that coherence becomes unobservable from the observational point of view, as in the closed-system perspective. Since  $f_{k2}$  and  $g_{k1}$  are undetectable, it requires a gross observable that is not capable to detect the presence of  $f_{k2}$  and  $g_{k1}$ . That is, we need to select a relevant observable  $O_R$ . If, for example, we have only access to the observable

$$O_R = (|f_{k2}(\eta)| + |g_{k1}(\eta)|) I$$
(55)

then

$$\langle O_R \rangle \longrightarrow 0$$
 (56)

In this case we can say that the system decoheres from the observational point of view. Then the pragmatic view of Kiefer, Polarski and Starobinsky is fully compatible with the closed-system perspective.

## XII. CONCLUSIONS

The aim of this paper has been to argue that decoherence can be viewed from a closed-system perspective, which improves the understanding of the phenomenon. After recalling the historical development of the decoherence program and stressing some conceptual difficulties of the EID program, we have introduced the closed-system approach from which the orthodox EID approach can be reformulated. In this theoretical framework we have analyzed the spin-bath model, both in its traditional and in a generalized version: by considering different partitions of the whole closed system in both cases, we have shown that decoherence depends on the way in which the relevant observables are selected. On this basis, the following conclusions can be drawn:

- (i) Decoherence is a phenomenon relative to which degrees of freedom of the whole closed system are considered relevant and which are disregarded in each situation.
- (ii) Since there is no privileged or essential decomposition of the closed system, there is no need of an unequivocal criterion for identifying the systems involved in decoherence. Therefore, the "looming big problem" –which, according to Zurek, poses a serious threat to the whole decoherence program – dissolves in the light of the relativity of decoherence.
- (iii) Due to its relative nature, decoherence cannot be accounted for in terms of dissipation of energy or of any other non-relative magnitude.
- (iv) The open-system perspective leads to the unambiguous identification, among all the observables of the closed system, of those that will have a classical-like behavior because their expectation values acquire a classical form.

Once the phenomenon of decoherence is "de-substantialized" in this way, one might ask in what sense it can be still understood as the result of the action of an environment that destroys the coherence between the states of an open quantum system.

## XIII. ACKNOWLEDGMENTS

We are very grateful to Roland Omnès and Maximilian Schlosshauer for many comments and criticisms. This research was partially supported by grants of the University of Buenos Aires, CONICET and FONCYT of Argentina.

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